

New Years Clinic

What is the best way for female and male gymnasts to bring in the New Year in order to prepare for the competition season? Where you can flip, twist, popa and hold your iron cross for days?

Come to the NEW YEAR CLINIC with Women's National Team Coach and former Men's National Team Member SEAN GOLDEN. 2007 Visa Championships vault champ and member of two World Championship Teams.

A two day clinic January 8-9, 2011 Saturday and Sunday
Girls level 7-elite
Boys level 6-elite

For more information contact

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